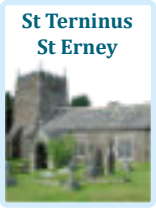
Saltash Area Newsletter

June 2024



Love God, Serve People, Make Disciples. www.saltashteamministry.org

Encourage one another

I was greatly encouraged last month when all of the churchwardens from across the five parishes gathered together. The desire to work together for God's Kingdom was obvious. You'll see some of the results of that meeting later on in this newsletter.

Being a leader in Christian ministry can be very lonely and hard work, so the networks we can tap in to become very important. All of our church officers carry a great responsibility, so joining with others who understand the role is really helpful. This also helps with my goal of bringing unity within our churches, not uniformity but five parishes that can work with each other and be greater than the sum of their parts. The opportunity to share ideas, speak of the frustrations, identify how to help and encourage one another is really the purpose of such meetings.

This begs the wider question – as the church family how do we encourage each other? Where are those like Barnabas in our church? Barnabas was named by the Apostles, his name means 'son of encouragement'. We celebrate Barnabas the Apostle on 11 June and we all need a Barnabas in our lives but we also need to be Barnabas to others.

One of the first things we can do to be more like Barnabas is to be generous in our judgements of others. If we can approach people with an unconditional positive regard, where we respect them for who they are and accept them fully, we can learn so much more about the person and how to encourage them. We can see their strengths, gifts and skills because we are not looking to tear them down. When we interact with people we should assume positive intent, that the other person is not trying to do us harm. Encouraging people can only be done when we stop judging them and projecting feelings on to them to suit the stories we are telling ourselves. This also requires us to be very honest with ourselves about how we approach people.

Without doubt positive words encourage us, how often have you felt buoyed up because someone has noticed something you have done or said a simple thank you when others have just assumed you know they're grateful? As always, we can't change the behaviours of others, we can only change our own. So, when did you last tell someone in the church family, at work or at home that you appreciate them? Have you told them why you appreciate them? Is it their thoughtfulness, or their prayers, or actions? Make it your goal to do this every day in June and see how relationships flourish as a result!

Another way we can encourage people is to pray for them, anyone can pray for anyone, there are no rules. You can pray on your own, with friends or by standing

Monday 10 June
7pm, Weary Friar
MOSSAF

Tuesday 11 June
2pm, St Stephen's Church
Mothers' Union
Rev'd Michelle Parkman

Friday 14 June
6pm
St Stephen's Church
Johnny Cowling Concert

Saturday 15 June
2pm to 5pm
St Mary's Church
Flower Festival, Garden Party & Dog Show

Saturday 15 June
3pm to 5pm
St Stephen's Church
Messy Church

Friday 21 June
12pm
S.T.A.R.T.
Trip to Anthony House

Saturday 1 July to Friday 2 August
Noon to 4pm
Monday to Saturday
SSNF Church
'Toys through the Ages' Exhibition

Saturday 6 July
7pm, Rising Sun, Botus
Barn Dance & Pasty Supper

JUNE SERVICES

Sunday 2 June

St Stephen-by-Saltash
9.30am Family Service

St Michael, Landrake
9.30am Family Service

St Nicholas & St Faith, Saltash
11.15am Holy Communion

St Erney, Landrake
11.15am Matins

St Mary, Botus Fleming
11.15am All Age Service
6.30pm Sung Evensong

Sunday 9 June

St Stephen-by-Saltash
9.30am Holy Communion

St Michael, Landrake
9.30am Holy Communion

St Nicholas & St Faith, Saltash
11.15am Holy Communion

St Mary, Botus Fleming
11.15am Holy Communion

Sunday 16 June

St Stephen-by-Saltash
9.30am Holy Communion
6.30pm Evensong

St Michael, Landrake
9.30am Holy Communion

St Nicholas & St Faith, Saltash
11.15am Holy Communion

St Mary, Botus Fleming
11.15am All Age Service

St Erney, Landrake
11.15am Holy Communion

Sunday 23 June

St Stephen-by-Saltash
9.30am Holy Communion

St Michael, Landrake
9.30am Holy Communion

St Nicholas & St Faith, Saltash
11.15am Holy Communion

St Mary, Botus Fleming
11.15am Holy Communion

Sunday 30 June

St Mary, Botus Fleming
10am United Service

Every Wednesday

St Stephen-by-Saltash
10am Morning Service

right next to the person as you pray. One of the most encouraging questions we can ask anyone is, "how can I pray for you?", the opportunity to pray for someone's needs is a privilege and really helps you get to know them and respect them. Make sure you add one person you want to encourage in to your daily prayer.

3-9 June is Volunteer Week, it is an ideal opportunity to say thank you to all those who help you or make your life a little better. Our Churchwardens will gather at Landulph on 3 June at 7pm for the Archdeacon's Visitation where they will be admitted to office as officers of the Bishop and take up their legal responsibilities. It is also an opportunity to celebrate, encourage, thank and pray for them, so please do come along to the service.

I leave you with the collect for Barnabas the Apostle, may this be our daily prayer for June as we seek to be a group of churches known for unity, stability and joy:

Bountiful God, giver of all gifts,
who poured your Spirit upon your servant Barnabas
and gave him grace to encourage others:
help us, by his example,
to be generous in our judgements
and unselfish in our service;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

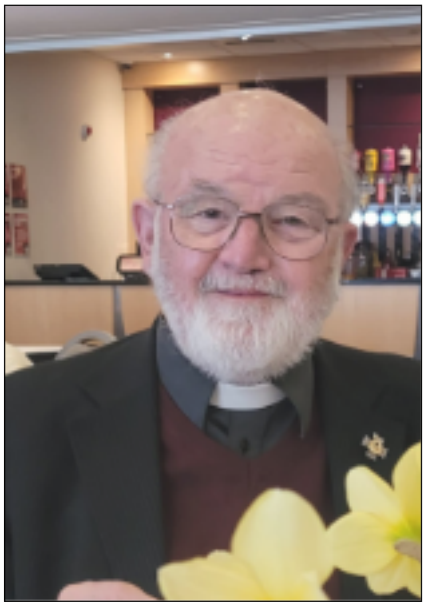
Dursona
Laura

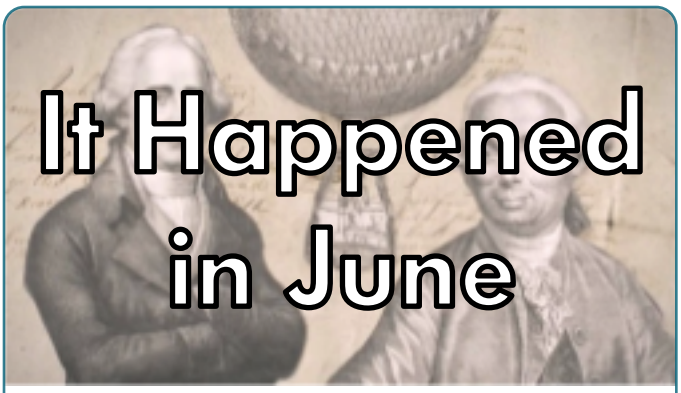
Father Brian Anderson

Sadly, Father Brian died on Saturday, 18 May. He will be greatly missed by us all. At St Mary's morning Family Service Graham Mills tolled the bell and a minutes silence was observed as a mark of respect.

The funeral service will take place at SS Nicholas & Faith Church, Saltash on Thursday 6 June at 11am, followed by refreshments at Saltash Social Club. A private family burial service will take place the next day.

We look forward to you joining us to celebrate Brian's life and share memories together.





It Happened in June

1. In 1215 Zhongdu was captured by Ghengis Khan and the Mongols. What is the city known as now?
2. Anne Boleyn was crowned queen of England, but in which year? a) 1533 b) 1583 c) 1633
3. The RUC was founded in June 1922, what do the initials stand for?
4. The actor best known for playing the lead role in the long running TV series 'The Adventures of Robin Hood' died in June 1985, can you name him?
5. The Battle of Dunkirk ends with defeat and retreat by the Allied forces in which year?
6. In 1989 the Chinese Government sent in troops to clear which square that had been occupied for seven weeks by protesters?
7. Suzi Quatro was born in June 1950, what was the title of her first UK No.1?
8. In June 1783 which brothers first publicly demonstrated their hot air balloon?

Answers on p5

All in June

A week ago I had a fire
To warm my feet, my hands and face;
Cold winds, that never make a friend,`
Crept in and out of every place.

Today the fields are rich in grass,
And buttercups in thousands grow;
I'll show the world where I have been
With gold-dust seen on either shoe.

Till to my garden back I come,
Where bumble-bees for hours and hours
Sit on their soft, fat, velvet bums,
To wriggle out of hollow flowers.

William Henry Davies

Recent Events

MOSSAF

Our May meeting saw our group take a visit to St Leonard and St Dilpe Church in Landulph. We were very warmly welcomed by Church Warden Richard Hosking. Church member Andrew Barrett then gave us a very detailed and informative talk of the Church History which was very well received. We ended with evening prayer. Huge thanks to Richard and Andrew for making the evening such an enjoyable one.

Please contact Steve Hookway if you are interested in joining our group, you would be very welcome. Our next meeting is our members' summer meal at the Weary Friar.

Mothers' Union

At our Mothers' Union meeting in May, our numbers were depleted due to illness of some members.We wish them a speedy recovery.

In a couple of years the MU will celebrate its 150th birthday and plans are being made for a grand celebration, both locally and globally.

After some notices and news, we welcomed the Rev'd Laura who spoke about her role as a mother who also happens to be a vicar. Laura pointed out that marriage and family life are blessed by God and part of the code of conduct for clergy is that family relationships should be nurtured. Women have been accepted as priests for about thirty years and, at last, mothering as a Minister is recognised as an important issue. Amongst amusing tales of her family life, Laura assured us that her family are very important to her alongside her service to God.

In May, some members travelled to Truro to meet with other branches to discuss the future plans for MU.

We would welcome new members to our organisation, anyone who has been baptised – men or women – can join us to serve God and further the hopes of family life and relationships around the world.

On 11 June we welcome Rev'd Michelle Parkman to our meeting at 2pm in St Stephen's Church.

Recent Events continued

Quiz for Christian Aid

Three teams competed in the Christian Aid Quiz evening held on Friday 17 May. There were some hard questions, but it was a fun evening. £74.34 was raised for Christian Aid. A huge thank you to Mark Fox, our wonderful quiz master and to those who served the very welcome refreshments.

Messy Church

At our May Messy Church, we celebrated Pentecost with fire ,wind and doves of peace. The children(and parents) placed flames on the noticeboard and learnt the words for peace in many languages. There were Pan Pipes to make and blow music from, kites to fly in the wind, doves to craft and more fiery flames. We sang Happy Birthday to St Stephen's as we celebrated the birth of the Church as we know it.

After our worship, around forty people sat together and enjoyed food and conversation. Thanks are due to all who made the day possible,without our volunteers we would not be able to bring Christ into all these lives.

On 15 June,we will be thinking about 'Fathers' – from the past and the present. Why not come along and join us at 3pm in St Stephen's Church. We'd love to see you.

SSNF Summer Exhibition

Toys Through the Ages

WANTED

So far we have been promised the loan of many toys, but it will be good to have some more, so if you have any Teddy Bears, Dolls, Dolls Prams, Spinning Tops, Scooters, Bicycles, Toy Cars, Lego, Meccano etc,
please contact Leslie Stevens or Margaret Evans.

If you are able to spare an hour our two to act as a steward, please see the sign-up list in the Church.

Set up day will be Saturday 29 June from 10am.

A Rocha Easy Eco-Tips for June

Join #30DaysWild. One of A Rocha UK's firm beliefs is that we are more likely to nurture and defend God's creation if we spend time enjoying it. The Wildlife Trusts' 30 Days Wild challenge is a great opportunity to engage with nature as an individual, household, or with your church ommunity throughout June.

Find some wild ideas at wildlifetrusts.org/30-days-wild

Saltash foodbank

Please donate food at Waitrose, Lidl, the Co-op or at the back of St Stephen's or SSNF Churches and/or donate money via the Foodbank website: saltash.foodbank.org.uk/give-help/donate-money

Bank the Food

Point your mobile phone camera at this QR code. Click the link to download the 'Bank the Food' App. This will enable you to see which items Saltash Foodbank needs right now!

Building Repairs Directory

There was recently an inaugural meeting of the Churchwardens Team, every parish was represented as we sat down to get to know one another and work out how we can help one another.

Churchwardens have a responsibility around the fabric of our churches and this can be quite difficult, especially in listed buildings that are constantly in need of attention. So, one idea from the team is to share a directory of known people who could carry out repairs on our buildings.

If you have a recommendation that you can make, such as an electrician, carpenter, plumber then please let your Churchwarden know. Their next meeting is on 27 June.

Do you know when these were taken?

Over the next few months, I'll be putting some pictures in the newsletter from our archives down at St Nick's, unfortunately, I don't have much information on any of them, so would appreciate any information possible especially dates please.

Please either catch me on Sunday mornings or email me at: andy@saltashteamministry.org *Andy Evans*

From L to R: Miss. Jill Dale, Lady Rachael Prior, Rev. J.C. Boyes and Archdeacon Prior. (Archdeacon Prior was JCB's predecessor).

Recent Events continued

Here comes the brides... and grooms!

Years 3 and 4 classes from Sir Robert Geffery's School put on their posh frocks and smart clothes to take part in a full-blown wedding celebration at St Michael's Church, Landrake as part of their RE work. Rev'd Laura officiated and the children took on roles of best men, ushers, ring bearers, bridesmaids, flower girls, mothers and fathers of the brides. There were some wonderful musical accompaniments from four of the Year 4 girls who sang and played the piano.

Mrs Pearson lent her actual wedding dress to Kezia and Trish lent her veil that she wore to her own wedding to our other bride Harriet. Mr Yeoman decorated his car to transport one of our brides and bridesmaids to the ceremony.

Back at school both classes were treated to best men and father of the bride speeches.

The sun shone and everyone enjoyed what was a very special day!

Answers to Quiz on page 3:

1. Beijing 2. a) 1533 3. Royal Ulster Constabulary 4. Richard Greene 5. 1940 6.Tiananmen Square 7. Can the Can 8. The Montgolfier Brothers

Church Seasons' Colours

You will notice that fabrics used within the church, such as banners, altar fronts and vestments are different colours at different times of the year or for different services, and therefore colour has been used to set the theme of worship. In modern times, we've developed a consensus about the use of colours in the western Church. Green, purple, white, and red, with gold or ivory being alternatives to white.

Green

Green is the default colour. Green is the colour of vegetation and therefore it is the colour of life and growth. Green is the colour for the **Season after the Epiphany** and the **Season after Pentecost**. These two seasons are also called 'Ordinary Time' because the Sundays have no names, just ordinal numbers.

Purple

Purple is the colour for the seasons of **Advent** and **Lent**, which celebrate the coming of the King. Since as Christians we prepare for our King through reflection and repentance, purple has also become a penitential colour. Purple is also used at funerals.

White

Angels announced Jesus' birth and His Resurrection. The New Testament consistently uses white to describe angels and the risen Lord. In the ancient Church, people were given white tunics as soon as they emerged from the waters of baptism. Therefore, white is the colour for the seasons of **Easter** and **Christmas**. White is the colour for weddings, regardless of the season, and for holidays that are observed in the church.

Gold & Ivory

They can be used as an alternative or in addition to white.

Red

Red is the colour of blood, and therefore also of martyrdom. Red is the colour for any service that commemorates the death of a martyr. Red is the colour for **Pentecost Sunday** and for ordinations and installations, because it is the colour of fire and therefore also of the Holy Spirit.

So next time you are in church please look at the colours – they aren't there just to make the place look good – but have a significance in what the service is all about.

Lynn Parker

Pioneering Evening

Come and find out more about pioneering. Explore and understand the gift of pioneering to the church at 7.30pm on Monday, 3 June 2024 at St Martin's Church, Liskeard with Lindsey Morgan-Lundie.

Sign up at:
https://smartchurchliskeard.churchsuite.com/events/u6su6qzz

Father's Day Prayer

On Father's day we pray for Dads. Bless them all as they care for their families, give them strength and wisdom, tenderness and an abundance of patience, support them in the work they do protecting those who look to them.

We pray for those who find today difficult, for those who feel they have failed, those who are grieving children they never had, those missing their dads or their children.

Father God whether today is a day of celebration or a day which brings a sense of pain we lean into your ever present love and healing, you are faithful and kind especially for those who are orphaned, abandoned and hurt.

Amen

Money for New Rope!

I heard the church bells hollowing out the sky – Deep beyond deep, like never ending stars – John Betjeman

How would you like to be a bell rope? Most of the time, you are left hanging in a cold, damp tower then you are suddenly tugged and pulled attached to weights of three quarters of a ton. Wouldn't we all feel a bit frayed?

Of the six bells at St Nicholas and St Faith, three date from 1760 – well before the discovery of Australia! and they have been singing out their message ever since. In 1959, one bell became cracked and was recast, and the opportunity was taken to rehang them all in a new metal frame. From 1960, ringing thrived, and there is a wonderful photo from 1973 showing the thirty-three ringers under the leadership of David Briggs. However, ringing stopped again due to structural issues with the tower. By 1996 Father Brian Anderson, supported by Pam Dorrington, Sir Vernon Seccombe and others had raised £37,000 to strengthen and restore the tower, and the bells were once more ringing out under Tower Captain John White. This continued for well over twenty-five years.

The COVID lockdown, followed by the sad death of John White and other key members of the team, including Mike Beer, David and Janet Warren, Jeffrey Grylls, Phil Rundle and Henry Sharpe, with others being less physically able to ring, has led to a temporary cessation to regular Sunday ringing, although ringing has continued to mark special occasions such as weddings, Remembrance, Mayor Choosing, Christmas events and others. Those that could ring have joined St Stephen's tower, where ringing continues to thrive. Everybody agrees that here in Saltash, we have a particularly rich sounding set of bells – both at St Nicholas and St Faith, and at St Stephen – and those at St Mary, Botus Fleming and at St Leonard and St Dilphe, Landulph are rung regularly, and both have their own special character.

Apart from the numbers of ringers, the concern has been not the bells themselves, or the tower, but the ropes. A broken rope can be dangerous. Making a bell rope is a very specialist skill- not just because of the need to have a 'sally' ("the fluffy bit"), but because they must resist stretching – and there are only two or three specialist rope makers in the country. Unlike the near-everlasting bell to which it is attached, a rope may have a lifetime of 15-30 years.

We have decided to replace all the ropes, at a cost of about £2,500. The way we have thought best to do this is to invite people to sponsor an individual rope, perhaps one with a special meaning to them and their family. We have received an enthusiastic response to this, with six sponsors, as well as individuals offering to give financial support for other items that are needed, such as the leather muffles which attach to the clapper to give a solemn tone at times of mourning. Also, councillors Brenda and Peter Samuels, who own UK Carpet Mills, have generously offered to provide a new carpet for the ringing chamber free of charge. There was also an immediate and generous response to a crowdfunding appeal, which showed just how much the bells are loved.

The new ropes are being made by Avon ropes in Bristol, and they will include a special Cornish design – more later! When they are ready, the new ropes will be fitted by Owen and Kevan Borlase from St Dominic. Kevan and Owen know the tower well, and Owen is the Ringing Master for East Cornwall.

We are hoping that the ropes will be installed by the autumn – watch this space! Meanwhile, listen out for occasional ringing using a temporary replacement rope on the worst affected bell.

If you ever learned to ring or know someone who did – even if this was many years ago – please get in touch as we look towards attracting a new team of ringers later this year.

David Pitcher

Lay Pastoral Ministry Team

Rev'd Laura is seeking to re-establish the Lay Pastoral Ministry (LPM) Team

All who would follow Christ are called to love our neighbours but God also calls some, through their gifts of inspired listening and understanding, to public ministries of care. The Diocese of Truro recognises that in parishes, benefices and clusters of parishes groups of people may be called to exercise just such a public ministry by visiting those in need, as well as offering other ministries of care and welcome. Local Pastoral Ministers are an invaluable part of our church families, they are the connection to those who can not get into the church building and they will be a familiar face to many. The LPM Team will be made up of people from across all of our churches, so you will be well supported in this role. I will also be seeking a LPM co-ordinator who can arrange quarterly meetings and act as a point of communication for the team.

Are you:

- someone who is seeking to live a life of Christian discipleship rooted in worship;
- a person of prayer, able to listen to and care for others;
- someone who will act in ways respected by the church and the wider community;
- someone who will respond positively to what is asked of them, be committed to the work and accept support and training;
- someone who will treat what they are told by others with confidentiality and discretion;
- someone who will be supportive of the leadership of the church;

If this is you and you would like to join the team, please speak to Rev'd Laura.

What Happens Next?

1. Complete a Recommendation for Training form on which you can state why you feel called to this role. This will then be taken to your PCC for it to confirm that it is happy for you to take on this role. (This is for insurance purposes.)
2. Attend the Key Skills for Pastoral Training course which is run by the diocese. The seven-session course will cover the core skills needed in Christian pastoral work, those of:
   - listening to others,
   - understanding our own feelings and needs,
   - reflecting on the Christian significance of what we are doing,
   - working in a team
   - understanding confidentiality,
   - safeguarding of vulnerable adults.

   Attendance at all seven sessions is required, you will then be commissioned by a Bishop or Archdeacon.

   If you have already been trained, you will need to complete your form and attend a refresher course. You could then be re-commissioned at an Archdeaconry service on 22nd September.

   In order to be commissioned or re-commissioned, you will need a DBS check from the church (please see Helen in the office) and you will need to complete the following Safeguarding courses:
   - Basic Awareness
   - Foundation
   - Leadership (only available online and includes written work)
   - Domestic Abuse (only available online)

   The DBS check and safeguarding training will be renewed every three years.

If you struggle to complete online courses, or find them overwhelming please talk to your Parish Safeguarding Officer or Rev'd Laura so we can find a way to help you.

After the initial training, there is further optional training available including Dementia Awareness, Lay Eucharistic Ministry (so you can take Communion to those too unwell to come to church) and Bereavement.

Safeguarding

There has been a really positive response to the need to improve our compliance with the House of Bishops Safeguarding requirements.

DBS checks can be done through your Parish Safeguarding Officer, or by arranging to see Helen in the office – ☎ 01752 844456. You will need several forms of identification so please ask what needs to be seen before travelling to the office.

All courses are available online to complete in your own time, they are accessed through the Church of England Safeguarding Training Portal and found using a search engine, eg Google. Please ask your Parish Safeguarding Officer, Churchwardens and other PCC members if you need help completing the online courses.

If you are a **member of the PCC or a Messy Church Volunteer** please ensure that since July 2021:

- you have had a DBS check with the church
- you have completed the following courses and sent your Parish Safeguarding Officer a copy of the certificate:
  - Basic Awareness
  - Foundation
  - Domestic Abuse

In addition to the above, **Local Pastoral Ministers, Local Worship Leaders, Churchwardens, Bell Tower Captains, Music Group Leaders, Messy Church Leaders** need to complete:

- Safeguarding Leadership, this is only available online and is delivered in two sessions of 90minutes. There is also written work that has to be done, if the final piece has not been sent off then you have not completed your course.

DBS checks and Safeguarding Training have to be renewed every three years and must be done through the Church of England. It is highly unlikely that our insurance would cover any incident in our churches if our DBS checks and training are not up to date, so please help your PCC (who are Charity Trustees) by regularly checking your certificates.

A good, healthy safeguarding culture is a sign of a good, healthy church. We want people to feel safe in our churches and as Christians we know we must protect the poor. Thank you to everyone who has worked so hard to improve our Safeguarding compliance.

This Summer

at St Michael's

Saturday 8 June, 10am

We are taking up a recent suggestion: to illustrate how lovely St Michael's looks for weddings by having a variety of floral arrangements done and photographed in church. The photos can be used to show interested couples, and also put onto Facebook to reinforce the church as an attractive option for people planning their big day.

If you would care to join in (buying flowers, doing an arrangement, offering photography skills), please let Caroline or Dona know. Email: thecooperation2@gmail.com

Johnny Cowling

7.30pm, Friday 14 June
at St Stephen's Church

Johnny Cowling, a talented Cornish comedian and entertainer, will be singing to raise funds for St Stephen's Church.

- **Raffle**
- **Light Refreshments available**
- **Tea, coffee and soft drinks available**
- **Optional Pasty**

Tickets £12 (+60p booking fee) includes a pasty (optional)

https://www.trybooking.com/uk/DFEV

Or contact Helen: ☎ 01752 844456

event@saltashteamministry.org

This Summer continued

Garden Party & Flower Festival

Churchtown, Botus Fleming
Saturday 15 June
2pm to 5pm

Fun dog show at 3pm ● Cream teas ● Cake stall
Children's games ● Much, much more
Plus a Flower Festival in St Mary's Church

Barn Dance & Pasty Supper

Rising Sun, Botus Fleming
Saturday 6 July, 7pm

Come and join the fun!

Toys Through the Ages

St Nicholas & St Faith Church
1 July to 2 August

Monday – Saturday
from noon to 4 pm

There will be no entry fee but any donation would be most appreciated

Spud & Pud Lunch for Christian Aid

Sunday 11 August from 12.30pm
in SSNF Church Rooms

£6.50 per person

Please sign up at the back of the church
or email Margaret, mje1503@gmail.com

Please email articles for the next issue to: newsletter@saltashteamministry.org by 20 June